

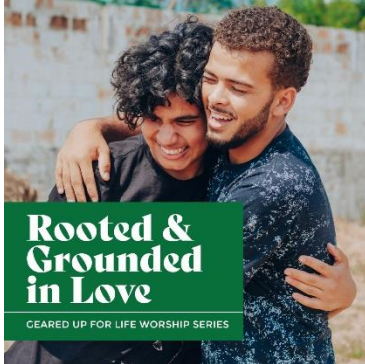
*As we unite in worship today, we extend a warm welcome to each one present. May we together experience the presence of God*

\*\*\*\*\*.

## ***We Gather to Prepare Our Hearts to Meet Our Lord***

Prelude

Welcome



## **“Geared Up for Life”**

## **Worship Series**

## **Week 3**

Friends, today we conclude the first section of our series “Geared Up For Life” with what has come to be called the prayer for the church. It isn’t a prayer necessarily, as it is not addressed to God, but to the hearers in the church.

“I pray that you may be strengthened,” writes the author of the letter. “You” being the church, or us.

Paul is praying that we might come to understand something of what is going on here. He prays that we might know the love of Christ that is beyond knowledge! So how do you know the unknowable?

The only way we can know something as deep and as profound as the love of God that we experience through the grace of Christ is through the witness of the church. How do you understand any one’s love? By living it, by sharing it, by talking about it. By giving God thanks for it. Our prayers and our songs should be full of the experience of being loved into wholeness, being “rooted and grounded” in love, so that we can begin to see that all our actions, all our doing in the world is motivated or in response to the love that defines us.

### **CALL TO WORSHIP:**

*Psalm 14 New Revised Standard Version*

Fools say in their hearts, “There is no God.” They are corrupt, they do abominable deeds; there is no one who does good.

**The Lord looks down from heaven on humankind to see if there are any who are wise, who seek after God.**

They have all gone astray, they are all alike perverse; there is no one who does good, no, not one.

**Have they no knowledge, all the evildoers who eat up my people as they eat bread, and do not call upon the Lord?**

There they shall be in great terror, for God is with the company of the righteous.

**You would confound the plans of the poor, but the Lord is their refuge.**

O that deliverance for Israel would come from Zion!

**When the Lord restores the fortunes of his people, Jacob will rejoice; Israel will be glad.**

## A SUMMER PRAYER FOR GRACE

Written by Rev Gord and posted on Worship Offerings, <https://worshipofferings.blogspot.com/2013/06/a-summer-prayer-for-grace.html>.

God of gentle rains and warm sun, God who encourages growth;  
**we are creatures who sometimes grow quickly, and sometimes get stuck.**  
God of freedom, of liberation, of binding ropes being cut;  
**we are bound in ways we don't always understand or recognize.**  
God of exodus and exile and homecoming,  
God who calls us to leave where we are and come home;  
**help us to have the courage to make the journey  
and to trust in the path.**  
God of health and healing,  
God who wants us to be made whole;  
**we come as people who are wounded in body and in spirit,  
people who seek healing.**  
God who has laid out a way for us to live,  
who has given us rules for living in community;  
**we come as people who sometimes go astray,  
people who stretch the rules.**  
God of Grace, we come as people who live through that Grace.  
**And so we praise you for the growth,  
we rejoice in being set free,  
we dance along the path that leads us home,  
we give thanks for the healing we have received,  
we relax in the knowledge that we are forgiven  
and we live as people of Grace. Amen.**

### Praise Hymn #357 Just as I am, Without One Plea

Just as I am , Without One Plea Words *Charlotte Elliott, 1835* Music *William B Bradbury, 1849* © 1989 The United Methodist Publishing House, all rights reserved. Reprinted with permission under ONE LICENSE #736621-A. All rights reserved. "Permission to podcast / stream the music in this service obtained from ONE LICENSE, License #736621-A. All rights reserved

Just as I am, without one plea,  
but that thy blood was shed for me,  
and that thou bidst me come to thee,  
O Lamb of God, I come, I come.

Just as I am, and waiting not  
to rid my soul of one dark blot,  
to thee whose blood can cleanse each spot,  
O Lamb of God, I come, I come.

Just as I am, though tossed about  
with many a conflict, many a doubt,  
fightings and fears within, without,  
O Lamb of God, I come, I come.

Just as I am, poor, wretched, blind;  
sight, riches, healing of the mind,  
yea, all I need in thee to find,  
O Lamb of God, I come, I come.

Just as I am, thou wilt receive,  
wilt welcome, pardon, cleanse, relieve;  
because thy promise I believe,  
O Lamb of God, I come, I come.

Just as I am, thy love unknown  
hath broken every barrier down;  
now, to be thine, yea thine alone,  
O Lamb of God, I come, I come.

## ***We Hear God's Word***

**New Testament Reading**..... Ephesians 3:14-21

New Revised Standard Version

Prayer for the Readers

14 For this reason I bow my knees before the Father,[a] 15 from whom every family[b] in heaven and on earth takes its name. 16 I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, 17 and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. 18 I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, 19 and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

20 Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, 21 to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

The word of God for the People of God, **Thanks Be to God**

## **Children's Message**

### **Faith Hymn #3043 You, Lord, Are both Lamb and Shepherd**

You, Lord, Are Both Lamb and Shepherd Music: French Carol, Words Sylvia Dunstan © 1991 GIA Publications, Inc. © 2011 Abingdon Press, all rights reserved.  
Reprinted with permission under ONE LICENSE #736621-A. All rights reserved. "Permission to podcast / stream the music in this service obtained from ONE  
LICENSE, License #736621-A. All rights reserved.

You, Lord, are both Lamb and Shepherd.  
You, Lord, are both prince and slave.  
You, peacemaker and swordbringer  
of the way you took and gave.  
You the everlasting instant;  
You, whom we both scorn and crave.

Clothed in light upon the mountain,  
stripped of might upon the cross,  
shining in eternal glory,  
beggar'd by a soldier's toss,  
You the everlasting instant;  
You, who are both gift and cost.

You, who walk each day beside us,  
sit in power at God's side.  
You, who preach a way that's narrow,  
have a love that reaches wide.  
You, the everlasting instant;  
You, who are our pilgrim guide.

Worthy is our earthly Jesus!  
Worthy is our cosmic Christ!  
Worthy your defeat and vict'ry.  
Worthy still your peace and strife.  
You, the everlasting instant;  
You, who are our death and life.

**\*Meditation\***

**SUNDAY PRAYER: GOD IN UNEXPECTED WAYS**

*"May your roots go down deep into the soil of God's marvelous love . . ."*

*Written by Rev. Terri C. Pilarski, on the Words Matter.Episcopal site, <http://expansivelanguage.blogspot.ca/>.*

Holy God, bless our lives, sanctify us,  
and in your way, grant us our hearts desire.  
Anoint us with your grace, that what we desire is also what you desire.  
Help us to understand that our hearts' true desire is the love of you.  
May the love of Christ urge us on, may we walk by faith.  
Thank you God, for all our blessings.

Holy God, bless those who govern –  
Bless the leaders of nations, countries, towns, and cities.  
And those who lead in all manner – social, political, and religious –  
Bless us all. Fill the hearts of all with your wisdom.  
Guide us in the way of justice and integrity for all.  
Guide us to walk by faith.

Holy God, tend to those who suffer in mind, body, and spirit.  
Tend to the tired, the dying, the poor and the hungry.  
Help us to follow the love of Christ, a love which urges us on.  
Help us to seek and serve Christ in others, bringing forth a new creation.

Holy God, we ask all this in the name of Christ, our redeemer.  
Holy God, we ask all this by the Holy Spirit who activates your love in us.  
Holy God we ask all this that your love may be like seed scattered—  
manifesting in small and unexpected ways—the greatness of You.  
May your love may take root in our lives, and we may walk by faith  
Loving God hear our prayers as we join together in the prayer your Son taught us  
Our Father...

## Departing Hymn #191 Jesus Loves Me

Jesus Love Me Words St. 1 Anna B Warner 1860 STS 2-3 David Rutherford McGuire **Music:** William B Bradbury, 1862 © 1989 The United Methodist Publishing House, all rights reserved. Reprinted with permission under ONE LICENSE #736621-A. All rights reserved. "Permission to podcast / stream the music in this service obtained from ONE LICENSE, License #736621-A. All rights reserved.

Jesus loves me, this I know,  
for the Bible tells me so.  
Little ones to him belong;  
they are weak, but he is strong.

Refrain:

Yes, Jesus loves me! Yes, Jesus loves me!  
Yes, Jesus loves me! The Bible tells me so.

Jesus loves me he who died  
heaven's gate to open wide.  
He will wash away my sin,  
let his little child come in. [Refrain]

Jesus loves me, this I know,  
as he loved so long ago,  
taking children on his knee,  
saying, "Let them come to me." [Refrain]

### **BENEDICTION:**

*Based on Ephesians 3:14-21*

*Bryan K. Fleet, The Africana Worship Book for Year B, Discipleship Resources, 2007, p. 219.*

One: Since you are being rooted and grounded in love, we pray Christ will live in your hearts through faith.

**Many: We pray you will have strength by the power of Christ's Spirit according to his glorious riches.**

One: We pray that you will have power to know and understand with all the saints of God, just how wide, how long, how high, and how deep the love of God really is.

**Many: We pray the fullness of God will fill you through and through.**

**All: Now to God, our Creator; Jesus Christ, our Redeemer; and the Holy Spirit, our sustainer, who is able to do far more than we could ever dream of according to the power that works in us; be glory in the church from now to the end of the age. Amen.**